



COVID-19 (nCorona) Virus Outbreak Control and Prevention State Cell

Health & Family Welfare Department

Government of Kerala

ADDENDUM TO REVISED GUIDELINES FOR TESTING, QUARANTINE, HOSPITAL ADMISSION AND DISCHARGE FOR COVID-19 BASED ON CURRENT RISK ASSESMENT GRID PUBLISHED ON 12/3/2020.

No./31/F2/2020/Health dated 31st March 2020

Based on revised ICMR testing guidelines and based on opinions from State Expert committee and State Medical Board following changes are made with regard to period of isolation/quarantine and testing:

1. POINT NUMBER- 3 ‘under High Risk contact’ has been modified as ‘Travel to a locality where active COVID-19 COMMUNITY SPREAD is suspected or clustering of confirmed COVID-19 cases is detected in the last 14 days’.

2. CATEGORY- A: Mild Sore Throat / Cough / Rhinitis /Diarrhoea. Fever has been removed from previous CAT A definition.

SIMPLIFIED MATRIX FOR PERIOD OF ISOLATION/QUARANTINE AND TESTING

1	Laboratory confirmed case of COVID-19	28 days of isolation/14 days from last negative test whichever is later
2	HIGH RISK CONTACT	28 days of isolation
3	Symptomatic CAT A IF UNTESTED	28 days of isolation
4	Symptomatic CAT A if tested negative at end of 14 day isolation period	No further isolation
5	1. LOW RISK CONTACT from a country/area with local transmission	14 days of isolation

	<p>2. Primary contact with LOW RISK</p> <p>3. Symptomatic secondary contact with LOW RISK.</p> <p>4. LOW RISK - symptomatic from a country/area without local transmission but with reported cases in last 14 days.</p> <p>5. Symptomatic health care worker with contact with a proven case with breach in PPE- IF TESTED NEGATIVE</p>	
6	<p>1. Asymptomatic Secondary contact with LOW RISK</p> <p>2. Local contacts of people coming from country/area with local transmission</p>	Avoid non-essential travel and community/social contact for 14 days from last exposure.
7	Symptomatic secondary contact HIGH RISK and LOW RISK	If test is negative the period of isolation will end once primary contact completes the designated period of isolation
8	Symptomatic contacts [CAT A also] of laboratory confirmed cases	Testing to be done
9	All symptomatic patients [fever, cough, dyspnoea] who have undertaken international travel in last 14 days.	Testing for CAT B and C only.
10	Asymptomatic persons	Testing deferred.
11	All hospitalized patients with Severe Acute respiratory illness [SARI]	Testing to be done.
12	Asymptomatic direct and high risk contacts of a confirmed case	Tested once between day 5 and day 14 of contact. High risk assessment to be made based on the guideline.
13	All symptomatic health care workers who have taken care of COVID-19 patients or all symptomatic health care workers in case of established community transmission.	Testing to be done
14	All symptomatic [CAT A also] who have attended mass gatherings, festivals, funerals etc in the last 14 days where people from abroad are likely to have attended.	Testing to be done

15	All symptomatic from locality/area where clustering of cases /community transmission have been reported in last 14 days	Test for CAT B and C
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Rajan
Principal Secretary